

Healthy Communities Start with Mom

OUR MISSION

KY-Moms Maternal Assistance Towards Recovery (MATR) a behavioral health prevention and case management program focused on risks and effects of substance use/misuse while providing education, information, resources, support and hope to pregnant and postpartum women and their families and to the professionals who serve them. KY-Moms helps moms provide their babies with a healthier, safer start in life.

PROGRAM QUALIFICATIONS

Prevention Education:

- Any pregnant woman
- Any woman up-to-60 days postpartum

Case Management:

- Pregnant person with a substance use disorder
- Postpartum person with a substance use disorder up-to-1-year post-delivery

DRIVEN BY OUTCOMES

KY-Moms improves Kentucky birth outcomes by helping pregnant and postpartum women recover from substance use risk factors and substance use disorders. By engaging high-risk pregnant women in prevention education services, intensive case management, substance use treatment and other needed services, the program helps address risk factors and substance use in pregnancy.

RESEARCH

Research indicates that substance use during pregnancy occurs at nearly equal rates across races and income levels. All individuals should receive substance use and mental health screenings throughout pregnancy and postpartum periods. KY-Moms offers a variety of services to best support them and their community.

WHAT WE DO



PREGNANT/POSTPARTUM

KY-Moms improves Kentucky birth outcomes by helping pregnant and postpartum women recover from substance use disorders and risk factors.



OUTREACH

The KY-Moms team provides community outreach, education of substance use, community trainings, along with early identification and intervention services.



CASE MANAGEMENT

Case management services needs are immediately assessed and appropriately addressed to help maximize functioning in the community while reducing barriers.



PREVENTION

Prevention education services to educate pregnant/postpartum women of the risk factors associated with substance use and to assist in reduction of those risk factors.

WHY CHOOSE US?

- ✓ Substance use screening and assessments
- ✓ Case management
- ✓ Prevention
- ✓ Education
- ✓ Addressing risk factors
- ✓ Counseling referrals
- ✓ Services for at-risk or with identified substance use disorder
- ✓ Community setting or home
- ✓ Assistance with other medical needs or family-based services

CONTACT US



tinyurl.com/KY-Moms



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Located in all 14 Community
Mental Health Centers